

General Covid Advice:

No Loud singing indoors, or chanting:

- If allowed, sing or chant quietly.
- Sing or chant outdoors,
- Lip-synch or mime along with songs.
- Replace words or vocal sounds (eg Animal Noises) with **gestures**- eg agree and use a 'Woo' gesture.

Social Distancing between children:

- If you have a large space and a smaller class, **sit in a large circle with everyone 2m apart**.
- **Or work seated at desks or tables.** Ask children to turn seats round to face the front.
- When '**Going round the Class**' eg Clap/Play in a circle, establish a sequence for each table, and a sequence of table, so everyone know the order in which they should play. This may take repeated practice.

No Movement:

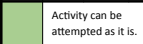

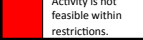
- **Work seated at desks or tables.** Ask children to turn seats round to face the front.
- For movement activities, **perform sitting on chairs or standing next to the desk**.
- Perform **movements standing on the spot**- eg Walk on the spot.
- **Use finger, hand or arm dancing.**
- Instead of walking on icons, stick icons on the board and ask children to 'walk on' them with their fingers.

No shared instruments:

- **Use body percussion instead-** agree a sound on the body for each percussion sound. Choose from Clap, Stomp, Head (Hit Head), Chest, Tummy, Legs, Knees, Brush (brush hands together)...
- **Use the Tin-Can Drum Kit-** go here for instructions.
- **Use virtual instruments for some or all of the class-** go here for more info.
- **Play on the table-top** with palms, fingers or knuckles...

P5 COVID Advice By Activity

P5

	Homework	Restriction- Traffic Lights				Recommended Adjustments	Additional Notes
		No Loud Singing or Chanting Indoors	Social distancing	No moving around	No Shared Instruments		
<i>Journey 1 - Rhythm Makes You Move</i>	Warm Up: My Names Tom 1	Yes- with other family members				Say Call and response quietly if allowed. Sit in large circle if you have space, or take part from desks/tables if required. Discuss an order you will move the call round each table, and an order of tables- This may require practice.	Key  Activity can be attempted as it is.  Activity can be attempted with some adjustments  Activity is not feasible within restrictions.
	Introducing Concepts - Beats & Bars	Yes- may need adult help with pdf.				Sit in large circle if you have space, or take part from desks/tables if required. Discuss an order you will move the call round each table, and an order of tables- This may require practice.	
	Tell the Difference - Which Beat of the Bar	Yes				Give each child a piece of A4 paper, and ask them to cut it into 5 equal pieces. Write 1, 2, 3, 4 and 'Don't Know' each on a bit of paper. Ask each child to hold up the correct piece of paper to indicate their answer. Ask children to finger or hand dance in their chairs while making up their minds.	
	Rhythm Makes You Move #1 - Learn the Song						
	Rhythm Makes You Move #2- Compose & Audition	Yes- use instrument app or tin-can drumkit				Say shape rhythms and lyrics quietly if allowed- or lip-synch/mime along. Sit in large circle if you have space, or perform in seats if required. Use Tin Can Drum Kit or Virtual Instrument App or a mixture of the two.	
	Rhythm Makes You Move #3 - Put it Together						
	Do a Performance (P5J1)					Make a video or audio recording if possible and post on social media.	
<i>Journey 2 - Compose & Improvise</i>	Warm Up: My Name's Tom 2	Yes- with other family members				Say Call and response quietly if allowed. Sit in large circle if you have space, or take part from desks/tables if required. Discuss an order you will move the call round each table, and an order of tables- This may require practice.	
	Call & Response - 2-beat Shape Improvisations	Yes- if other family members involved-use instrument app or tin-can drumkit				Say Call and Response quietly if allowed. If no chanting allowed, hold up fingers in time with the beat to indicate numbers "1,2" and "3,4"- and then jump straight into Say/Clap or Clap/Clap option. Sit in large circle if you have space, or take part from desks/tables if required. Discuss an order you will move the call round each table, and an order of tables- This may require practice. Use Tin-Can Drumkits for percussion versions.	
	New Shapes- Triangle						
	Shapes in Groups 1 - Conduct AABA (P5)	Yes- use instrument app or tin-can drumkit				Say shape rhythms quietly if allowed- or lip-synch/mime along. Sit in large circle if you have space, or perform in seats if required. Use Tin Can Drum Kit or Virtual Instrument App.	
	Shapes in Groups 2 - Compose & Audition P5						
	Rhythm Taps - 2 Beat Rhythms	Yes- if other family members involved-					
	Call & Response - 4-beat Shape Improvisations	Yes- if other family members involved-use instrument app or tin-can drumkit				Say Call and Response quietly if allowed. If no chanting allowed, hold up fingers in time with the beat to indicate numbers "1,2" and "3,4"- and then jump straight into Say/Clap or Clap/Clap option. Sit in large circle if you have space, or take part from desks/tables if required. Discuss an order you will move the call round each table, and an order of tables- This may require practice. Use Tin-Can Drumkits for percussion versions.	
Do a Performance (P5J2)					Make a video or audio recording if possible and post on social media.		
<i>Journey 3 - Star Drummers</i>	Warm Up: Tell the Difference - Shape Rhythms 2	Yes				Download the Tell the Diff - Shapes.pdf and copy the shape rhythms on to the board. Give each child a piece of A4 paper, and ask them to cut it into 5 equal pieces. Write one rhythm on each of 4 piece, and 'Don't Know' on the fifth. Ask each child to hold up the correct piece of paper to indicate their answer. Ask children to finger or hand dance in their chairs while making up their minds.	
	What Is Sound? P5 Yr 4	Yes					
	Awesome Rhythmic Workout + Triangles	Yes				Say the shape rhythms under your breath or inside your head in the first time through, or lip-synch/mime along. Sit in a large circle with 2m between each child if you have the space, or perform standing next to your desk/table.	
	Intro to Chime Bars #3 - Pick a Number	Yes- with parents and virtual Instrument App				Sit in large circle if you have space, or perform in seats if required. Explore use of virtual Chime Bars on virtual Instruments App, on PCs or on tablets if they are available, or on a mixture of virtual and real chime bars.	
	Star Drummers #1	Yes- ideally with other family members.				Say/sing the lyrics quietly if allowed, or lip synch/mime along with the recordings. If quiet lyric performance is not allowed, change the lyric section to a gesture or dance section- so groups create a choreography instead of a chant. It could be moves with just hands, or just feet, or both, or fingers, or just the face, or the whole body. Sit in large circle if you have space, or take part from desks/tables if required. When working in groups work as tables. Walk/move on the spot if required.	
Do a Performance (P5J3)					Make a video or audio recording if possible and post on social media.		

Journey 4 - 3 Beat Bars	Warm Up: Count to 3	Yes- ideally with other family members joining in.					Sing the song quietly if allowed, or lip synch/mime along with the recordings. Agree and Use a Gesture for 'Woo'. Sit in large circle if you have space, or take part from desks/tables if required.	
	With a Skip							
	Compose AABA - with 3-Beat Bars							
	Add Lyrics to 3 Beat Bars	Yes- with virtual Instrument App or Tin-Can Drum kit						Say shape rhythms quietly if allowed- or lip-synch/mime along. Sit in large circle if you have space, or perform in seats if required. Use Tin Can Drum Kit or Virtual Instrument App.
	Do a Performance (P5J4)							Make a video or audio recording if possible and post on social media.
Journey 5 - DIY Shakers & Chime Bar Impros	Warm Up: My Name's Tom 3	Yes					Say Call and response quietly if allowed. Sit in large circle if you have space, or take part from desks/tables if required. Discuss an order you will move the call round each table, and an order of tables- This may require practice.	
	Intro to DIY Shakers - The Shaker Song	N/A					Say the shape rhythms under your breath or inside your head in the first time through. Sit in a large circle with 2m between each child if you have the space, or perform standing next to your desk/table. Use Tin Can Drum Kits.	
	Shakers & Chime Bar Song #1 • Learn The Shaker Pattern	Yes- with Tin-Can Drum kit					Say 'Knock' or 'Stamp' under your breath or inside your head, or mime/lip/synch. Sit in a large circle with 2m between each child if you have the space, or perform standing next to your desk/table. Use the Tin Can Drum Kit.	
	Shakers & Chime Bar Song #2 • Learn The Melody	Yes- with virtual Instrument App					If you do not have access to tuned percussion in the classroom- children can take turns to play the compositions on the Virtual instrument App on available tablets or laptops. If you use the 4:4 setting you may be able to have two children per tablet/laptop.	
	Improvising With Pitch- Repeat/Alternate/Jumble #1	Yes- with parents and virtual Instrument App					If you do not have access to tuned percussio in the classroom- children can take turns to improvise on the VIRTUAL instrument App on available tablets, PCs or laptops. You can have two children plying on a single tablet/PC. If you use the 4:4 option on keyboard setting. To access on a PC/laptop- go to About Us>Covid>Virtual Instruments.	
	Shakers & Chime Bar Song #3- Putting It Together	Yes- with parents and virtual Instrument App					Use the virtual instrument app on any available tablets/laptops for the tuned percussion parts. You may be able to have one or two melody groups who play their own real tuned percussion instruments (chime bars or xylophone) and keep instruments so there is no sharing.	
Do a Performance (P5J5)							Make a video or audio recording if possible and post on social media.	
Journey 6- Create With	What Is Pitch? P5 Yr 4	Yes						
	P5 CWP #1- Learn to Use The Pitch Composer							
	P5 CWP: Teacher Preparation & Instrument Audit	Better Use Create With Pitch Silver Course					If you do not have access to tuned percussion in the classroom- use the Create With Pitch program in the Home Learning or 'Create With Pitch course- search for Create With Pitch-Bronze or Silver. Then use an IT suite or set as Home Assignments- and children can work individually and play their compositions on the Virtual instrument App.	
	P5 CWP #2: Compose In Groups						If you have access to tuned percussio, compose in the IT suite, with bands made from the children who share tables. Then practice and perform from tables in the classroom You may be able to use a mix of real tuned percussion and tablets/pcs uisn the virtual intrument app.	
	P5 CWP #3- Practice and Audition in Bands							
Do a Performance (P5J6)							Make a video or audio recording if possible and post on social media.	